

**2009 PAL Tackle Football
5th & 6th Grade
Practice Schedule**

Player Evaluation Period: August 17-27

Helmet Only

Dates: August 17, 18, 19
Time: 6-7:30 p.m.
Location: 63 Sports Complex – YMCA fields

Full Pads

Dates: August 24, 25, 26
Time: 6-7:30 p.m.
Location: 63 Sports Complex – YMCA fields

Team Practice:

Practice Begins: September 1-October 1 Tuesdays & Thursdays
Time: 6-7:30 p.m.
Location: 63 Sports Complex – YMCA fields

Dates: October 6-end of season Tuesdays & Thursdays
Time (new): 5:30-7 p.m.
Location: 63 Sports Complex – YMCA fields

**Cancellation Procedures
For PAL Football**

Call: 681-9622 or Visit: www.icymca.org

Practice Cancellations:

- In the event of inclement weather, practice cancellations will be made by 3 p.m.
- If inclement weather occurs after 3 p.m., a decision will be made at the practice fields.

Game Cancellations:

- In the event of inclement weather on game day, a decision will be made by 7 a.m.