



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Lightning and Thunder Protocols

At the first sight or sound of thunder OR lightning lifeguards are required to:

- Clear everyone from the water. Lifeguards in an elevated stand should get down immediately. Move everyone to a safe area. For outdoor facilities, move everyone inside. Large buildings are safer than small or open structures.
- Keep patrons and staff out of showers and locker rooms during a thunderstorm. Water and metal can conduct electricity.
- Refrain from using landline telephone except in cases of emergency.
- Keep everyone away from windows and metal objects (bleachers, handrails, etc).
- Keep watching for more storms and monitor weather reports.

The National Lightning and Safety Institute requires waiting 30 minutes after the last sound of thunder or the last lightning strike before resuming activities.

We ask all patrons to cooperate with these safety precautions when appointed by a lifeguard at the appropriate time.