

## **Modified Basketball Rules**

- 1. The league will have a six week schedule. However, if there is an odd number of teams in the division, some teams may play double header on certain weeks.
- 2. No games will be rescheduled unless the cancellation is due to the weather.
- 3. All games are played 5 vs 5.
- 4. Goal height:
  - a. 2<sup>nd</sup> & 3<sup>rd</sup> 9'
  - b. 4-8th 10'
- 5. Game Ball:

BOYS	GIRLS
2 <sup>nd</sup> & 3 <sup>rd</sup> 28.5	28.5
4-8th 29 5	

- 6. Game consists of 4 x 10 minute quarters. The clock runs continuously, unless there is a player injured or a timeout is taken. One minute will be allowed between quarters. Half time will be 3 minutes long. If the score is greater than 20 points, the clock will only stop on time outs.
- 7. Officials will enforce the game.
- 8. Score is kept.
- 9. Overtime will consist of 2 minute periods.
- 10. Each player allowed 5 fouls, a player who has five fouls cannot re-enter the game.
- 11. Double teaming will be allowed after the ball crosses the half court or within two minutes left in the game.
- 12. Time outs will consist of two, 30 seconds time outs per half, time outs do not carry over from the first half.
- 13. Five seconds in the lane will be enforced.
- 14. Games start with a jump ball at center court.
- 15. Free throws: 2<sup>nd</sup>/ 3<sup>rd</sup> grade will shoot from just inside the free throw line. 4<sup>th</sup> & 5<sup>th</sup> grade will shoot from the free throw line but, may cross the lone when shooting, 6<sup>th</sup> grade and higher will shoot from the free throw line and are not allowed to cross the line when shooting.
- 16. Back court defense is not allowed until the last two minutes of the game. All violations committed within the last two minutes of the game will stop the running clock. A team with more than a 12 point lead may not press during the last two minutes.
- 17. Team fouls will follow high school rules. Seven teams fouls constitutes a one a one opportunity. With ten team fouls the player fouled will shoot two free throws.
- 18. Three point baskets: Any shot taken behind the three point arch will count for three points.
- 19. Jewelry may not be worn during the game.
- 20. Players can only play on one team per grade.
- 21. Jerseys must have numbers at a minimum on the back of jerseys (suggestion front and the back)
- 22. 1 parent per team will need to volunteer to run the score book or clock.