YOUTH SPORTS

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BASKETBALL – GIRLS

Girls Lil' Dribblers - Kindergarten-1st Grade

Girls will play 3 on 3 half court in this 6-week league. Coaches assist in monitoring games and will be given rules and YMCA philosophy. Participants will learn the fundamentals of dribbling, passing, shooting and much more! Jerseys can be purchased at the Firley YMCA front desk.

Early Bird: September 1-9

Fees: \$25 Y-member; \$45 Non-member

Registration: September 10-30

Fees: \$30 Y-member; \$50 Non-member

(\$10 late fee after Sept. 30)

Games Begin: November 7

Girls YBA - 2nd-5th Grade

Girls will play 5 vs. 5 full court. Program emphasizes teamwork, fundamentals and character development. Purchase jerseys at the Firley YMCA front desk.

Early Bird: September 1-9

Fees: \$30 Y-member; \$50 Non-member

Registration: September 10-30

Fees: \$35 Y-member; \$55 Non-member

(\$10 late fee after Sept. 30)

Games Begin: November 7

Girls Modified Recreational Basketball

This league is for girls teams (2nd-8th grade) who wish to play against other select teams. Leagues will be broken up by grade.

Registration: September 1-30

Fees: \$250/team Games Begin: November 8

BASKETBALL – BOYS

Boys Lil' Dribblers - Kindergarten-1st Grade

Boys will play 3 on 3 half court in this 6-week league. Coaches assist in monitoring games and will be given rules and YMCA philosophy. Participants will learn the fundamentals of dribbling, passing, shooting and much more! Jerseys can be purchased at the Firley YMCA front desk.

Early Bird: November 1-9

Fees: \$25 Y-member; \$45 Non-member

Registration: November 10-30

Fees: \$30 Y-member: \$50 Non-member

(\$10 late fee after Nov. 30)

Games Begin: January 9

Boys YBA - 2nd-5th Grade

Boys will play 5 vs. 5 full court. Program emphasizes teamwork, fundamentals and character development. Purchase jerseys at the Firley YMCA front desk.

Early Bird: November 1-9

Fees: \$30 Y-member; \$50 Non-member

Registration: November 10-30

Fees: \$35 Y-member; \$55 Non-member

(\$10 late fee after Nov. 30)

Games Begin: January 9

Boys Modified Recreational Basketball

This league is for boys teams (2nd-8th grade) who wish to play against other select

teams. Leagues will be broken up by grade.

Registration: November 1-30 Fees: \$250/team Games Begin: January 10

INDOOR CLIMBING WALL

Climbing wall is open to all ages. Children under 12 must be accompanied by an adult in the climbing area.

HOURS: Monday......5:30-8 p.m.

(Staff will be present, but belay service will **not** be provided. All climbers must

be belay certified or share belays with other climbers.)

Tuesday 5:30-8 p.m. **Thursday** 5:30-8 p.m. **Saturday** 12-3 p.m.

CLIMBING FEES: \$5 Youth; \$7 Adult

Unlimited Climbing Pass (Includes harness, carabiner, belay devices.):

Y-member: \$20/month
Non-member (student): \$70/month
Non-member (adult): \$80/month

BELAY CERTIFICATION: Certification takes place on a first come, first serve basis and takes about one hour. Must be 14 years or older. Includes a one month climbing pass.

Day/Fee: Monday / \$20

CLIMBING WALL RENTALS

Birthday parties, Scout gatherings, work retreats, etc. This package includes two hours of the climbing wall as well as a multi-purpose room for your party.

Wall Fees: \$100 Per person: \$5

ADULT SPORTS

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INDOOR VOLLEYBALL

Recreational, Modified, and Power leagues are offered in this 10-week league. Teams will play six/side and must have two females on the court at all times.

Session 1: Register by: August 30 (Games begin September 10)
Session 2: Register by: November 12 (Games begin December 5)

Fee: \$180 per Team

Place: Firley YMCA-525 Ellis Blvd. Leagues: 2A Low Medium High

3A Low High

3A leagues are for highly skilled players. The 2A leagues are for those players above recreational players (2A Medium & High) and those teams just starting the league (2A Low).

VOLLEYBALL OPEN GYM

This program is developed for all members and non-members to join the YMCA at Sunday Evening Open Gym. It is great time to meet new members and improve your volleyball skills.

Day: Sunday Time: 8-10 p.m.

Location: Firley Gym/MPR Courts - 525 Ellis Blvd.

Fee: \$1 Y-member; \$2 Non-member



RACQUETBALL

The YMCA has 5 racquetball courts at the Firley facility. Youth must be at least 14 years old to play on the courts without an adult from 5-10 p.m. on weekdays. Individuals engaged in non-germane activities on the courts must yield to racquetball players. Walk-on players are limited to one hour of play if others are waiting for a court. Desk staff will provide eye protection any time racquets are checked out. Racquets will be loaned for an item of value deposit. The racquet user will be responsible to pay for racquet damages.

Fees: Reservations - \$7 Walk on Play - FREE

PICKLEBALL

Pickleball is a paddle sport created for all ages and skill levels that combines many elements of tennis, badminton and ping-pong. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. Pickleball sets can be checked out at the Firley welcome center desk.

Open Play: Wednesday & Friday / 10 a.m.-2:30 p.m. / Firley MPR Courts-525 Ellis Blvd.

Round Robin: Tuesday & Thursday / 12-2 p.m. / Firley MPR Courts-525 Ellis Blvd. (no need to register)

SilverSneakers/Renew Active: Monday / 1-3 p.m. / Firley MPR Courts-525 Ellis Blvd.

<u>Must use courts designated for Pickleball. Taping or marking additional Pickleball courts is not allowed.</u>