

Knowles Indoor Swimming Pool, May 30-June 2023

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday & Sunday
Lap Swim	5:30-7:10am (6) 7:15-8am (3) 9:15-11am (1) 11-12pm (3) 12-1pm (6) 1-3pm (1) 3-4:20pm (2) 6-8pm (3)	5:30-7:15am (6) 7:15-8am (4) 9:15-11am (1) 11-12pm (3) 12-1pm (6) 1-3:30 (2) 3:30-630 (1)	5:30-7:10 (6) 7:15-8am (3) 9:15-11am (1) 11-12pm (3) 12-1pm (6) 1-3pm (1) 3-4:20pm (2) 6-8pm (3)	5:30-7:15am (6) 7:15-8am (4) 9:15-11am (1) 12-1pm (6) 1-3:30 (2) 3:30-630 (1)	5:30-8am (6) 9:15-12pm (3)* 12-1pm (6) 1-3pm (1) 3-4:15pm (3)	7-10 am (6) 10-5pm (3)
Water Walking (shallow end)	8:00-8:30am	8:00-8:30am	8:00-8:30am	8:00-8:30am	8:00-8:30am	
Morning Water Fitness	8:30-9:15am	8:30-9:15am	8:30-9:15am	8:30-9:15am	8:30-9:15am	
Morning Swim Lessons	9:30-11am	9:30-11am	9:30-11am	9:30-11am	9:30-11am (make ups only)	
Family Swim	11-12pm 3-4:15pm 6-8pm	11-12pm	11-12pm 3-4:15pm 6-8pm	3-4:15pm	9:15-12pm * 3-4:15pm	10am-5pm
YMCA Summer Camp Swim	1-3pm	1-3pm	1-3pm	1-3pm	1-3pm	
Afternoon Swim Lessons		3-6pm		3-6pm		
Barracudas Swim Team	4:30-6pm	6-8pm	4:30-6pm	6-8pm	4:30-6pm	
Pool/Locker Room Cleaning				11am-12pm		
Pool Closed for 'Cuda Meet			6/21 at 4pm			

*Pool Schedule may be altered on Friday mornings if make up lessons are scheduled.

*Pool Schedule may be adjusted due to weather, participation, or pool programming.