# **2025 Corporate Games**



For more information about the YMCA's Corporate Games, please contact Cole Berhorst at: <a href="mailto:cberhorst@jcymca.org">cberhorst@jcymca.org</a> or 573.761.9003

# **TABLE OF CONTENTS**

Corporate Games Overview	Page #
Mission Statement	3
<ul><li>Proceeds</li></ul>	3
<ul><li>Corporate Games – What is it?</li></ul>	3
Benefits	3
<ul> <li>Events</li> </ul>	4
<ul> <li>Schedule of Events</li> </ul>	5
Event Descriptions	6-10
<ul> <li>Closing Ceremonies</li> </ul>	10
<ul> <li>Scoring System</li> </ul>	11
<ul> <li>Event Dates &amp; Deadlines</li> </ul>	12
• Cost	12
<ul> <li>Entering More Than One Team in an Event</li> </ul>	12 13 13
<ul> <li>Fitness Assessments</li> </ul>	
General Information	
Company Information	
Company Eligibility	14
Important Forms	
<ul> <li>Employer Information &amp; Participation Form</li> </ul>	15
Event Roster	16
<ul> <li>Employee Participation &amp; Liability Waiver</li> </ul>	17
Sponsorship Opportunities	
• Sponsorships	18

### **CORPORATE GAMES – WHAT IS IT?**

The Corporate Games feature eight competitive events between businesses, governmental entities, and other interested organizations from the Jefferson City area. Each entity will have the opportunity to participate in a maximum of eight events or a minimum of one. Events are scored and teams accumulate points. The team accumulating the most points will win the Corporate Games Cup

### **MISSION STATEMENT**

The YMCA Corporate Games are designed to promote employee involvement in fitness and recreational activities intended to challenge the body and mind through the spirit of competition.

### **PROCEEDS**

All proceeds generated from the Games will support the YMCA's Outreach Fund. This fund enables those who can't afford Y services to gain access to all the facilities and programs. It also supports LiveSTRONG at the YMCA which is a 12-week program designed to help adult cancer survivors regain strength, work on health goals and gain connections. In addition, Veteran's receive a two-month membership while they take part in VA's Whole Health program and learn the components of proactive health and well-being..

### **BENEFITS**

- 1. Improve individual fitness/wellness.
- 2. Enhance company/organization pride.
- 3. Improve morale.
- 4. Access to the YMCA in July and August.
- 5. Build stronger working relationships.
- 6. Inspire camaraderie.

# **HELPFUL HINTS**

The following have been helpful for other events of similar nature:

- Identify an enthusiastic person to be your company coordinator.
- Sub-divide and have event captains for each event.
- Post information in your lounges and lobbies.
- Provide incentives for participation.
- Develop inner-company pride.
- Uniformed shirts reflect strong company pride.

# **EVENTS**

The event descriptions provide number of player's permissible, gender make-up and minimum number of teams. In the case the minimum number of team's criteria is not met, team captains will be notified and that particular event will be cancelled. The following events will be offered:

- A. Frisbee Golf
- B. Trivia
- C. Corn Hole
- D. 3v3 Basketball
- E. Sand Volleyball
- F. Pickleball/Racquetball
- G. Dodgeball
- E. Field Day

# **SCHEDULE OF EVENTS**

<u>Date/Time</u> <u>Location</u>

Saturday, July 12

• 9 a.m. Frisbee Golf Binder Park – 5840 Rainbow Dr.

Monday, July 14

• 5:30 p.m. Trivia Last Flight Brewing – 738 Heisinger Rd.

Monday, July 21

• 5:30 p.m. Corn Hole Downtown – TDB

Thursday, July 24

• 5:30 p.m. 3v3 Basketball Firley YMCA – 525 Ellis Blvd.

Friday, August 1

• 5:30 p.m. Sand Volleyball Binder Park – 5840 Rainbow Dr.

Thursday, August 7

• 5:30 p.m. Pickleball/Racquetball Firley YMCA – 525 Ellis Blvd.

Thursday, August 14

• 5:30 p.m. Dodgeball Firley YMCA – 525 Ellis Blvd.

Saturday, August 16

• 9:00 a.m. Field Day 63 Sports Complex – 12610 Renz Farm Rd.

**NOTE:** Games and times are subject to change based upon team registration. If any event cannot be completed in the given time frame, it will continue the following day.

# **FRISBEE GOLF**

**DATE:** Saturday, July 12

LOCATION: Binder-5840 Rainbow Dr.

#### **General Information and Game Rules**

- Tournament is a two-person scramble.
- Golf teams consist of two players, one male and one female.
- Each company is allowed a maximum of three teams in this event.
- Only one team is required to play for the corporation to participate.
- A team score will be recorded by hole and totaled at the completion of 18 holes.
- Any ball obstructed by a man-made hazard will receive a free drop.

# **TRIVIA**

**DATE:** Monday, July 14

**LOCATION:** Last Flight Brewing-738 Heisinger Rd.

#### **General Information and Game Rules**

- Trivia will consist of teams of 5.
- Teams will be allowed any variations of Male and Female.
- Each corporation will be allowed 2 teams.
- Trivia will be 6 rounds with random topics chosen by Last Flight
- Each round will be an accumulation of points.

# **CORN HOLE**

**DATE:** Monday, July 21

**LOCATION:** Downtown Location TBD

#### **General Information and Game Rules**

- Corn hole will consist of coed doubles only.
- Each company is allowed a maximum of 3 teams in this event.
- Only one team is required to play for the corporation to participate.
- The event format will be decided depending on the amount of teams entered.
- Rules of the game will follow the Official Rules of Mid Mo Corn Hole.

# **3v3 BASKETBALL**

**DATE:** Thursday, July 24

**LOCATION:** Firley YMCA – 525 Ellis Blvd.

#### **General Information and Game Rules for Basketball**

- There will be Men's and Women's divisions.
- Games will be two 11-minute halves.
- Specific in game rules that pertain to fouls and game procedure will be discussed in detail in the Game Packet.
- Points will be scored 1 point for inside the 3pt line, and 2 points for outside the 3pt line.
- Each team to have a minimum of 4 players.
- Each company is allowed a maximum of 2 teams per division.
- Only one team is required to play for the corporation to participate.

# **SAND VOLLEYBALL**

**DATE:** Friday, August 1

**LOCATION:** Binder Sand Courts-5840 Rainbow Dr.

#### **General Information and Game Rules**

- A double elimination tournament format will be used to determine the overall champions.
- The team can consist of a maximum of 12 participants including alternates. The playing team must consist of three females and three males. A team not meeting the qualifications will forfeit.
- Each organization is allowed to have one team.
- No additional alternates will be allowed after tournament play has begun.
- The males and females must be positioned in an alternate format during play. When the ball is played more than once by a team, a female must make one of the contacts.
- Rally scoring will be used.
- A match will consist of the best two of three games.
- Blocking the serve is not allowed.
- There will be one time out allowed per team, per game. Extra time outs cannot be carried over to the next game or match. Time outs will be a maximum of 30 seconds.
- Server has five seconds to serve the ball after the service whistle has been blown. After each
  game, the teams will switch playing sides. The next game will begin within two minutes of
  previous game end.

# PICKLEBALL/RACQUETBALL

**DATE:** Thursday, August 7

**LOCATION:** Firley YMCA – 525 Ellis Blvd.

#### **General Information and Game Rules - Pickleball**

- Pickle Ball will be Men's and Women's
- The event will be a Round Robin/Single Elimination Tournament.
- A match will consist of one game to 21.
- Each company is allowed a maximum of 4 teams in this event.
- You are not restricted to the amount of teams in a single division.
- Only one team is required to play for the corporation to participate.
- Rules of the game will follow with the guidelines of the USA Pickle ball Association.

#### General Information and Game Rules - Racquetball

- Racquetball Men's and Women's Divisions.
- Each Division will play Singles (1v1).
- The event will be a Double Elimination Tournament.
- A match will consist of 1 game to 21.
- Each company is allowed a maximum of 2 people per division.
- Only one participant is required to play for the corporation to participate.
- Rules of the game will follow with the guidelines of the USA Racquetball Association.

# **DODGEBALL**

**DATE:** Thursday, August 14

**LOCATION:** Firley YMCA – 525 Ellis Blvd.

#### **General Information and Game Rules**

- Divisons will be Co-Ed.
- A double elimination tournament format will be used to determine the overall champions.
- Each game will be a best 2 out of 3 games with a time limit of 10 minutes per game.
- Each team will have a minimum of 6 players with a maximum of 10.
- Rules will follow the USA Dodgeball guidelines.
- Each company will be allowed 2 Teams.

# FIELD DAY

**DATE:** Saturday, August 16

**LOCATION:** 63 Sports Complex - 12610 Renz Farm Rd.

#### **General Information and Game Rules**

- Each Corporation will have 1 team with a minimum of 8 participants
- These teams will be Co-Ed
- Corporations will compete in 5 games. 1 double elimination, 4 at own pace.
- Punt Pass and Kick
  - Each corporation will have 3 guys 3 girls.
  - Top male and top female per corporation will be ranked.
- Mystery Challenge.
- Soccer Shoot Out.
  - Each corporation will have 3 guys 3 girls.
  - Top male and top female per corporation will be ranked.
- Tug of War (8v8) Co-Ed 4 guys 4 girls.
- Crazy Relay Race. (6 participants, 3 guys 3 girls) Co-Ed Relay will consist of:
  - Wheel Barrel Run 1 Participant pushing 1 Participant in a wheel barrel.
  - Sack Race 1 Participant in a Sack.
  - Three Legged Race 2 Participants tied together at the leg.
  - Sprint 1 Participant running forward.

# **CLOSING CEREMONY**

**DATE:** Saturday, August 16 (Immediately following Field Day)

**LOCATION:** 63 Sports Complex

- All participants are welcome to attend the closing ceremonies at the Field Day.
- The Corporate Cup will be presented to the overall Top Scoring Corporation.
- Immediately following the closing ceremonies participants will be invited Downtown to celebrate.
- More details to come.

### **SCORING SYSTEM**

1 Division	2 Division		3 Divisions		
1-30	1 - 15	1 – 15	1–10	1-10	1-10
2- 24	2-12	2-12	2-8	2-8	2-8
3-20	3-10	3-10	3-6.6	3-6.6	3-6.6
4-16	4-8	4-8	4-5.3	4-5.3	4-5.3
5-14	5-7	5-7	5-4.6	5-4.6	5-4.6
6-12	6-6	6-6	6-4	6-4	6-4
7–10	7-5	7-5	7-3.3	7-3.3	7-3.3
8-8	8-4	8-4	8-2.6	8-2.6	8-2.6
9-6	9-3	9-3	9-2	9-2	9-2
10-4	10-2	10-2	10-1.3	10-1.3	10-1.3

One Point will be given to any team that shows up and does not place. If any corporation takes multiple places in the same division, you will be rewarded your highest point total and all other teams will receive 1 point. For example: If the YMCA takes 1st through 3rd in corn hole, They will receive the point Total of 32 points. 30 for 1st place. 1 point for second, and 1 for 3rd.

The team accumulating the most points throughout the Corporate Games will receive the Corporate Games Cup. The Corporate Games Cup shall remain with the employer or association for one year. Each event will also have its own individual trophy for the winning team

Points will be awarded to the top 10 places in each event/division. If a team does not place in the top 10, then 1 participation points shall be awarded. The points accumulate throughout the Games, and the team that totals the highest number of points will be presented the "Corporate Games Cup" at the Closing Ceremony.

# **EVENT DATES & DEADLINES**

April-June 2025	.Marketing Corporate Games
June 1, 2025	.Team Registration Deadline
June 10 -August 31, 2025	.Access to YMCA for Training / Games
July 12 <sup>-</sup> August 16, 2025	Opening Ceremony / Games Begin / Closing Ceremony

# **COST**

An entity may sign up for a maximum of eight events. However, an entity may sign up for only one event if so desired. Listed below is the participation cost options:

#### Participation in:

8 events: \$1000 7 events: \$875 6 events: \$750 5 events: \$625

#### Participation in fewer than 5 events:

\$150 per event.

### **ENTERING MORE THAN ONE TEAM AS A CORPORATION**

Companies may enter more than one team into the competition. If a company enters more than one team, they will not be able to share participants between teams. For instance if the YMCA wants to put two teams into a competition such as Sand Volleyball, each team will have their own Identification and unique roster.

### **GENERAL INFORMATION**

#### Communication

The Jefferson City Area YMCA will communicate exclusively through the company coordinator. Employees should direct all questions concerning the Jefferson City Area YMCA Corporate Games (JC YMCA CG) to their company coordinator.

#### • Games Booklet – Schedule of Events

Company coordinators will receive the Corporate Games Booklet containing all final event schedules by June 1. Event times may be approximate and can vary slightly due to weather and/or unanticipated delays in the event schedule.

#### Rescheduling of Games

In the event of inclement weather and unpredictable circumstances, every attempt will be made to reschedule any competition that may be affected.

#### • No Forfeits, Please

Once you receive your Corporate Games Booklet, please make sure entrants in each event are notified of the game times and location. A forfeit not only upsets the scheduled event, but also takes away from the spirit and competition of the games. Please emphasize to your employees that by signing up for an event, they are making a commitment to be there. Not showing up for an event shall be counted as a loss with a deduction of 5 points per team entered.

### **COMPANY ELIGIBILITY**

- 1. There is no maximum limit of team members.
- 2. Team members must be at least 16 years of age.
- 3. Team members must be employed by the registered company or verify membership with a specific association. Employment is defined as full-time or part-time.
- 4. Two companies may join to form a team as long as they do not exceed 30 Employees combined. For instance if the YMCA has 20 employees and Midwest Block has 7 employees, they may join together to compete
- 5. Retired employees of participating companies may participate with their former employer.
- 6. Participants must complete all necessary forms: Employee Participation Form and Liability Waiver.
- 7. Individuals, other than those participating with a company, may enter the competition provided they form teams as representatives of professional or religious groups (e.g. Medical Society, Auto Dealers, Bar Association, Rotary Club).
- 8. Participants may participate with only one company.
- 9. The Jefferson City Area YMCA reserves the right to review all team entries relative to eligibility.
- 10. There are no restrictions on how many events an individual may do.
- 11. The Company Coordinator must complete the following forms: Employer Information and Participation Form and the Corporate Games Event Roster Form.
- 12. The participant must complete the Employee Participation and Liability Waiver Form.

# **EMPLOYER INFORMATION & PARTICIPATION FORM**

Please print or type:			
Employer Name:			
Employer Address:			
Employer Telephone:			
Company Representative:			
Phone: workcell			
Email Address:			
Please mark a "X" by all selected events for participation.  A. Frisbee Golf B. Trivia C. Corn Hole D. 3v3 Basketball E. Sand Volleyball F. Pickleball/Racquetball G. Dodgeball G. Dodgeball E. Field Day			
Total Events			
Total Cost			
My payment is attached.			
Please mail an invoice at the address above.			

# **CORPORATE GAMES EVENT ROSTER**

Please complete one Event Roster for each sport participating in.

Team Name:	-
Team Captain:	-
Event:	-
Participants	Gender
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
10	

# **EMPLOYEE INFORMATION & LIABILITY FORM**

Must be completed by each participant.

If you are participating in the YMCA Corporate Games, please complete this form and return to your team representative as soon as possible. Please print.

Name:	Sex:	Age:
Address:	City:	Zip:
YMCA Member (circle one): Yes No		
Please indicate your company team:		<del></del>
Please indicate your affiliation with your team (circle on	e): Employee Re	etired
Do you want a fitness assessment? (circle one): Yes	No	
Event Code: (check all applicable)  A. Frisbee Golf B. Trivia C. Corn Hole D. 3v3 Basketball E. Sand Volleyball F. Pickleball/Racquetball G. Dodgeball E. Field Day  Liability Waiver and Release/Assumption of Risk: I fully comprehensicipation in the Jefferson City Area YMCA Corporate Games, and any and all claims for personal injury, of any kind or character whats sponsors, all other event owners and organizations, all participating Members and all volunteers.	hereby agree to assun oever, against the Jeff	ne such risk. I further waive erson City Area YMCA, all
Certification of Good Health: I certify that I am in good physical conclicensed physician to participate in the Corporate Games and have n illness or history of chronic conditions that would prevent or jeopard events or place me at risk of further injury, illness or death during me	o physical condition, in lize my safe participati	npairment, disease, other
Permission to use name and photo: I hereby grant my permission to use of my name and photograph in any print media, broadcast, telec Game event.		<u>-</u> "
Signature:	Date:	

# **SPONSORSHIPS**

### Champion Sponsor - \$500

- Your company receives a half page advertisement in the final Corporate Games Booklet for your selected event.
- Your company banner may be displayed at your selected event.
- Recognition by the on-site game official at your selected event.
- Recognition for your company on our web page.

### MVP Sponsor - \$150

- Your company receives a ¼ page advertisement in the final Corporate Games Booklet.
- Your company logo will be displayed on the YMCA advertising screens in July 2023.

# **SPONSORSHIP PARTICIPATION FORM**

Please mark an X by the sponsor	ship level s	elected.	
Champion Sponsor	\$500	Selected Event	
MVP Sponsor	\$150		
Total Amount Sponsored			
Business Name:			
Address:			
City/State/Zip:			
Contact Name:			
Telephone:			
Email:			
Ad/Logo provi			
Please make arrangements to provide ad/logo.			
My payment is attached.			
Please mail an invoice at the address above			