

Knowles Indoor Swimming Pool Schedule: August 1-15, 2025

Knowles Indoor Pool will close on 8/15/2025 at 11am for annually scheduled pool maintenance and reopen on 9/2/2025 at 5:30am. The pool will be bright and shiny and ready for YMCA Swimmers!

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|--|---|--|--|---|--------------------------|---------------------------|
| Lap Swim | 5:30-7:10am (6) 7:15-8am (3) 9:15-11am (2-3) 11-12pm (3) 12-1pm (6) 1-4:20pm (2) 4:20-6 (1) 6-8pm (3) | 5:30-8am (6) 9:15-11am (2-3) 11-12pm (3) 12-1:30pm (6) 1:30-4:20 (2) 4:20-6 (2) 6-8pm (3) | 5:30-7:10 (6) 7:15-8am (3) 9:15-11am (2-3) 11-12pm (3) 12-1pm (6) 1-4:20pm (2) 4:20-6 (1) 6-8pm (3) | 5:30-8am (6) 7:15-8am (3) 9:15-11am (2-3) 12-1:30pm (6) 1:30-4:20pm (2) 4:20-6 (1) 6-8pm (3) | 5:30-8am (6) 9:15-12pm (3) 12-1pm (6) 1-3pm (1) 3-5pm (3) | 7-10am (6) 10-5pm (3) | 8-10 am (6) 10-5pm (3) |
| HS Swim Team Morning Practice Begins Aug 11 | 5:30-7:10am | 6:30-8am | 5:30-7:10am | 6:30-8am | 6:30-8am | 6-8am | |
| Water Walking (shallow end) | 8:00-8:30am | 8:00-8:30am | 8:00-8:30am | 8:00-8:30am | 8:00-8:30am | | |
| Morning Water Fitness | 7:15-8am 8:30-9:15am | 8:30-9:15am | 7:15-8am 8:30-9:15am | 8:30-9:15am | 8:30-9:15am | | |
| Morning Swim Lessons (8/4-8/8) | 9:30-11am | 9:30-11am | 9:30-11am | 9:30-11am | 9:30-11am* *(make ups only) | | |
| Family Swim | 11-12pm 3-4:20pm 6-8pm | 11-12pm 6-8pm | 11-12pm 3-4:20pm 6-8pm | 6-8pm | 9:15-12pm * 3-5pm | 10am-5pm | 10am-5pm |
| Summer Camp Swim until 8/8 | 1-3pm | 1:30-3:30pm | 1-3pm | 1:30-3:30pm | 1-3pm | | |
| Afternoon Swim Lessons (8/4-8/8) | 4:30-6pm | 4:30-6pm | 4:30-6pm | 4:30-6pm | | | |
| Pool/Locker Room Cleaning | | | | 11am-12pm | | | |
| Bonus Family Swim/Lap Swim 8/11-8/15 | 9:15-11am 1-3pm | 9:15-11am 1:30-3:30pm | 9:15-11am 1-3pm | 9:15-11am 1:30-3:30pm | 9:15-11am | | |